

The Spirit, the Struggle, and the Life of God

By Prophet Jay Uriel | 3 October 2026

1. The Spirit: Life Entering

We receive the life of God inwardly before it is expressed outwardly. The life we receive will progressively produce its own expression.

1 Corinthians 6:19

"What? know ye not that your body is the temple of the Holy Ghost which is in you, which ye have of God, and ye are not your own?"

If you have received the Spirit, then He dwells in you. If He dwells in you, then divine life is present within you. As a result, the expression of that life begins to develop in you.

If your life does not consistently look like God, it does not mean that divine life is absent. It simply means that the life within you has not yet matured to its full expression.

Consider a newborn child. The child is completely human, yet lacks the full expression of adulthood because of immaturity and development. That does not make the child any less human. In the same way, the life of God within you is present from the beginning, even while it is still growing into fuller expression.

Nature precedes manifestation. A child does not become human when development is complete; the child is human from the start.

Likewise, you are a partaker of God's divine nature regardless of your stage of development.

Psalms 82:6

"I have said, Ye are gods; and all of you are children of the most High."

Having God's nature within you does not immediately remove every aspect of your humanity. Your expression does not define your nature. A season of growth does not make you less of who God says you are.

The Bible says that God gives the Spirit without measure. This does not mean you have received less of the Spirit; it means you are growing in the expression of what you have already received.

There will be moments when your experiences seem to contradict the divine life within you. Let those moments lead you to dependence, not condemnation.

God loved us when we had nothing to offer Him. You do not strive to become what you already are. Rather, you grow into the expression of what God has planted within you.

Life precedes development.

Even when you fall, He holds you by the hand. Without His Spirit we can do nothing. You do not live to be loved, chosen, and favoured; you are loved, chosen, and favoured so that you can live.

2. The Struggle

Galatians 5:17

"For the flesh lusteth against the Spirit, and the Spirit against the flesh: and these are contrary the one to the other."

When the Spirit of God enters a person, another desire begins to exist within them. The Spirit comes carrying the atmosphere of heaven, influencing the soul, desires, thoughts, and affections.

As a result, a new desire begins to develop: a desire for God.

This creates conflict. A war begins within you. The new life of God confronts old patterns, old desires, and old ways of thinking.

Romans 7:15

"For that which I do I allow not: for what I would, that do I not; but what I hate, that do I."

Romans 7:21

"I find then a law, that, when I would do good, evil is present with me."

The conflict between the divine nature and the remnants of the sinful nature creates a struggle.

Before coming to Christ, sin ruled your life. You walked according to desires that did not reflect the ways of God.

Romans 6:16

"Know ye not, that to whom ye yield yourselves servants to obey, his servants ye are to whom ye obey; whether of sin unto death, or of obedience unto righteousness?"

When you come to Christ, you are delivered from the power that once ruled you. However, your mind, habits, and patterns have often been shaped through years of repetition.

Like pathways formed through constant use, old patterns do not disappear overnight. The renewal of the mind is the process through which those old patterns are replaced by the truth of God's life within you.

This is where the war in your members becomes evident.

The Bible says that you have passed from death unto life. Dead things do not struggle. Dead things do not respond.

The very presence of struggle is often evidence that there is life within you.

Think of a seed breaking through the soil. The resistance it encounters is proof that life exists beneath the surface. The struggle is not evidence of death; it is evidence that life is pushing toward expression.

Therefore, the question is not, "Why am I struggling?"

The better question is:

"What is the life within me resisting that once controlled me?"

3. The Life of God: When Life Expresses Itself

Galatians 5:22-23

"But the fruit of the Spirit is love, joy, peace, longsuffering, gentleness, goodness, faith, meekness, temperance."

The Spirit of God gives life, and that life produces fruit. When that fruit becomes visible, we call it the expression of divine life.

The expression of God's life does not originate from human effort. It comes from the work of the Holy Spirit.

2 Corinthians 3:18

"But we all, with open face beholding as in a glass the glory of the Lord, are changed into the same image from glory to glory."

We become what we behold.

It is your rootedness in Christ that enables the life within you to be expressed outwardly. Expression flows from the life that already exists within; it is not manufactured through self-effort or constant striving.

Jesus illustrated this perfectly.

A branch bears fruit because it remains connected to the vine. The fruit is the evidence of the life flowing through it.

As we behold Christ and remain in Him, our minds are renewed. New patterns of thinking are formed that align us with the divine nature already present within us.

You receive the Spirit, and the life of God begins producing the expression of God through you.

In this life, never make the expression the primary focus. Make your proximity to God the focus, because intimacy with Him produces His life in you.

Psalm 34:5

"They looked unto him, and were lightened: and their faces were not ashamed."

Jesus is both the Author and Finisher of our faith. He is the One who empowers us to walk in the divine nature He has given us.

Hebrews 12:2

"Looking unto Jesus the author and finisher of our faith."

That life is not your own.

1 Corinthians 6:19

"Ye are not your own."

2 Corinthians 4:16

"Though our outward man perish, yet the inward man is renewed day by day."

Renewal of the mind is not merely forgetting the sins of the past. It is learning to see from God's perspective. It is seeing yourself as God sees you, seeing others as God sees them, and learning to interpret life through His truth.

This process begins with the Word of God, the written expression of His voice. As you meditate upon it, you move from information to revelation.

The voice of God is not limited to dreams and visions. He also speaks through Scripture, daily circumstances, moments of conviction, divine wisdom, and the ordinary events of life.

God often orchestrates situations through which He reveals Himself and expresses His heart to us.

As we walk with Him, we begin to recognise His voice, discern His leading, and display His life.

The Spirit enters.

The struggle begins.

The life grows.

And in time, Christ is revealed through us.

