

Stillness and the Kingdom Within

1. Gospel as Reclamation of the Kingdoms Within

- The **Gospel** is not only about salvation but also about reclaiming the **kingdom within**.
- Jesus said: *“The kingdom of God is within you”* (Luke 17:21, KJV).
- This means the Gospel awakens us to the divine reality already planted inside us—God’s presence, power, and glory dwelling within.

2. Stillness as the Doorway

- **Stillness** is the doorway into this kingdom reality. It is not inactivity, but alignment.
- *“Be still, and know that I am God”* (Psalm 46:10).
- In Hebrew, the word for “still” is **רָפָה (raphah)** meaning *to let go, to cease striving, to relax into God*.
- In stillness, the soul ceases resistance, and the spirit takes the lead.

3. Many Rooms and the Comforter

- Jesus said: *“In my Father’s house are many rooms; if it were not so, I would have told you. I go to prepare a place for you”* (John 14:2).
- These “rooms” are dimensions of God’s presence, accessible through stillness.
- He also promised: *“I will ask the Father, and He will give you another Comforter, that He may abide with you forever”* (John 14:16).
- The Greek word for “another” is **ἄλλος (allos)** meaning *another of the same kind*.
- The Comforter (Holy Spirit) is of the same essence as Christ, sent to dwell within us.

4. Awakening of the Disciples

- When the Holy Spirit came at Pentecost, the disciples were awakened to the kingdom reality.
- *“And they were all filled with the Holy Spirit and began to speak in other tongues as the Spirit gave them utterance”* (Acts 2:4).

- Where Jesus was, they were now also in the atmosphere of the kingdom, empowered and aligned.

5. Stillness as Heaven's Doorway

- Stillness is the **doorway into heaven's atmosphere**.
- Elijah experienced this: *"And after the earthquake a fire, but the LORD was not in the fire; and after the fire a still small voice"* (1 Kings 19:12).
- Heaven is not only a geographical place but a dimension of God's presence accessed through stillness.

6. The Nature of Stillness

- Stillness is where:
 - Noise fades, confusion breaks, and clarity comes.
 - The activities of the Spirit become louder than the activities of the mind.
 - The soul stops arguing with the impressions of the Spirit, allowing Him to dominate.
- It is not merely sitting quietly or emptying your mind it is **yielding**.
- In Hebrew thought, this is **שלום (shalom)** wholeness, harmony, alignment with God.

7. The Power of Stillness

- In stillness:
 - Senses sharpen.
 - The power within rises.
 - Revelation becomes clear.
 - Authority flows naturally.
 - Faith is no longer effort but awareness.
 - Healing becomes easy because the atmosphere is filled with God's presence.
- This is what Scripture calls **δόξα (doxa)** in Greek *glory*.
- *"And we all, with unveiled face, beholding the glory of the Lord, are being transformed into the same image from glory to glory"* (2 Corinthians 3:18).

8. Summary

- **Stillness is alignment:** the absence of resistance, the yielding of the soul to the Spirit.
- It is the pasture where revelation matures, authority is trained, and glory is imparted.
- In stillness, you don't strive you **know**.
- *"Be still and know that I am God"* (Psalm 46:10).
- This is the habitation of the kingdom within, the place where heaven touches earth.

The Power of Stillness

1. Stillness is Not Inactivity

- Stillness is not about doing nothing it is the **absence of resistance**.
- When your soul no longer resists or interferes with the Spirit, you enter into true stillness.
- *"For the flesh lusteth against the Spirit, and the Spirit against the flesh"* (Galatians 5:17).
- In stillness, the Spirit dominates effortlessly because the mind has ceased its arguments.

2. Stillness is Alignment

- Stillness is **alignment** between your spirit and God's Spirit.
- Example: You can be sitting on a chair or lying on your bed, but that doesn't mean you are still. Physical rest ≠ spiritual stillness.
- True stillness is when your inner condition is aligned with God.
- *"Come unto me, all ye that labour and are heavy laden, and I will give you rest"* (Matthew 11:28).
- Rest here is **ἀνάπαυσις (anapausis)** in Greek meaning *inner relief, refreshment, alignment with God's presence*.

3. Stillness as a Spiritual Pasture

- Stillness is a **spiritual pasture** a place where your soul feeds on the Word and your spirit grows strong.
- It is not merely about what you do outwardly, but about the condition within.
- In stillness, the Word within you becomes clear and alive.
- *“He maketh me to lie down in green pastures: he leadeth me beside the still waters”* (Psalm 23:2).
- The Hebrew word for “still” here is **מנוחה (menuchah)** meaning *resting place, quietness, settled peace*.

4. Recognition in Stillness

- *“Be still, and know that I am God”* (Psalm 46:10).
- The Hebrew word for “know” is **יָדָע (yada)** meaning *to recognize, to perceive, to experience intimately*.
- God wasn’t just speaking of silence, but of **recognition**.
- You cannot be aware of God when your soul is louder than your spirit.
- In stillness, you recognize Him, not just hear about Him.
- *“The LORD is in his holy temple: let all the earth keep silence before him”* (Habakkuk 2:20).

5. Stillness as Revelation’s Environment

- Stillness is the **environment of revelation**.
- It is the atmosphere where the kingdoms within you become visible and clear.
- *“The kingdom of God is within you”* (Luke 17:21).
- In stillness, the river of God within flows freely, unhindered by the noise of the soul.
- Elijah experienced this: *“And after the fire a still small voice”* (1 Kings 19:12).
- Revelation matures in stillness because the Spirit speaks without interference.

The Kingdoms Within

1. The Kingdom Dwells Inside

- Jesus declared: *“The kingdom of God is within you”* (Luke 17:21, KJV).
- This is not metaphorical it is a **reality**. Inside you dwells:
 - The **voice of God** (John 10:27 – *“My sheep hear my voice”*).
 - The **presence of God** (Matthew 28:20 – *“Lo, I am with you always”*).
 - The **glory of God** (Colossians 1:27 – *“Christ in you, the hope of glory”*).
 - The **power of God** (Ephesians 3:20 – *“According to the power that works in us”*).
 - The **atmosphere of God** (Romans 14:17 – *“The kingdom of God is righteousness, peace, and joy in the Holy Spirit”*).

2. Not From Outside, But Within

- You don’t wait for the kingdom to come from anywhere external.
- Paul wrote: *“Say not in thine heart, Who shall ascend into heaven? ... But what saith it? The word is nigh thee, even in thy mouth, and in thy heart”* (Romans 10:6–8).
- The kingdom is not about geographical locations it is about **dimensions**.
- When Jesus spoke of *“power from above”* (Luke 24:49), He was not referring to a place in the sky, but to a higher dimension of reality.

3. Analogy: The River Within

- Think of the kingdom as a **river within you**:
 - Always flowing.
 - Always alive.
 - Always moving.
- But if your soul is noisy and chaotic, you cannot feel the current of that river.
- Engaging in **stillness** allows you to sense, refine, and flow with the move of God within you.
- *“He that believeth on me, as the scripture hath said, out of his belly shall flow rivers of living water”* (John 7:38).

- The Greek word for “belly” here is **κοιλία (koilia)** meaning *inner being, the seat of spiritual life*.

4. Elijah’s Example

- Elijah became still enough to hear God.
- *“And after the earthquake a fire; but the LORD was not in the fire: and after the fire a still small voice”* (1 Kings 19:12).
- God was not shouting—He was whispering.
- Stillness sharpens your spiritual senses so you can perceive His whisper.

Kingdom Zone: Entering Stillness and Unlocking Revelation

1. Revelation Flows Like Water

- Revelation flows like water always present, always moving.
- Stillness unlocks awareness of the **kingdoms within**.
- *“The kingdom of God is within you”* (Luke 17:21).
- In Hebrew thought, water often symbolizes **life and revelation**: *“For the earth shall be filled with the knowledge of the glory of the LORD, as the waters cover the sea”* (Habakkuk 2:14).
- When the soul is noisy, the current of revelation is blurred. In stillness, the flow becomes clear.

2. The Mechanics of Entering Stillness

Stage 1: Pasture of the Body (Outer Court)

- The body is the loudest part of us it must be settled first.
- This parallels the **Outer Court of Moses’ Tabernacle**, where sacrifices dealt with the flesh.
- Find a position where your body is not fighting you.

- “Present your bodies a living sacrifice, holy, acceptable unto God, which is your reasonable service” (Romans 12:1).

Stage 2: Quieting the Soul (Inner Court)

- Stillness is not about emptying the mind it is about **ignoring the noise** of the soul.
- Release tension from every part of your body; be comfortable and at rest.
- “Return unto thy rest, O my soul; for the LORD hath dealt bountifully with thee” (Psalm 116:7).
- The Hebrew word for soul, נֶפֶשׁ (**nephesh**), means *mind, emotions, will*. In stillness, the soul yields to the spirit.

Stage 3: Sinking into the Holy of Holies

- This is the deepest stage entering the **Holy of Holies**.
- You feel completely still, subtle peace, and a tangible presence.
- Sensations may arise: warmth, tingling, electricity signs of the spirit rising.
- “The Spirit itself beareth witness with our spirit, that we are the children of God” (Romans 8:16).
- Enter with the intention of engaging God’s presence, not with expectations. Let everything flow naturally.
- Alignment happens here your spirit dominates, your soul rises, and God’s presence fills.

3. Stillness is Allowing, Not Doing

- Stillness is not something you force it is something you **allow**.
- By becoming still, you allow your spirit to rise, your soul to yield, and God’s presence to dominate.
- “Cease striving and know that I am God” (Psalm 46:10, NASB).
- The Hebrew רָפָה (**raphah**) means *to let go, to relax, to release resistance*.

4. Why Stillness Thickens the Prophetic Flow

- Prophecy flows from the **spirit**, not the mind.
- When the mind is loud, interpretations become unclear. Emotions and personal expressions interfere.

- In stillness, interference is removed prophetic clarity emerges.
- Analogy: Looking into a lake. If the water is disturbed, you cannot see clearly. But when the water is still, reflection is perfect.
- *“He that hath an ear, let him hear what the Spirit saith unto the churches”* (Revelation 2:7).
- Stillness quiets the waters of your soul, allowing the Spirit’s voice to be heard without distortion.

The Power Dimension of Stillness

1. Stillness Removes Interference

- **Note:** Stillness is not what makes prophecy happen it is what removes interference.
- Prophecy flows from the **spirit**, not the mind. When the soul is noisy, emotions and mental energy distort interpretation.
- *“The natural man receiveth not the things of the Spirit of God... because they are spiritually discerned”* (1 Corinthians 2:14).
- In stillness, interference fades, clarity emerges, and the Spirit’s impressions flow unhindered.

2. The Power of Alignment

- Stillness carries power because **power flows where there is alignment and yielding**.
- When you are still, your awareness of God becomes heightened.
- *“Draw nigh to God, and he will draw nigh to you”* (James 4:8).
- The anointing manifests where the Spirit becomes dominant. Stillness allows that dominance to happen.
- *“Not by might, nor by power, but by my Spirit, saith the LORD”* (Zechariah 4:6).

3. Tangible Presence and Miracles

- In stillness, the presence of God becomes tangible.
- Your expectations align with heaven, and that’s why miracles happen.
- *“And the power of the Lord was present to heal them”* (Luke 5:17).

- Stillness removes resistance of the soul, allowing the Spirit to flow freely.

4. Jesus' Example

- Jesus often withdrew from His disciples to refill Himself with spiritual energy.
- *"But Jesus often withdrew to lonely places and prayed"* (Luke 5:16).
- Mental energy depletes clarity, but spiritual energy flows effortlessly in stillness.
- The soul hosts the spirit its condition determines manifestation.
- *"Keep thy heart with all diligence; for out of it are the issues of life"* (Proverbs 4:23).

5. Elijah's Secret

- Elijah said: *"As the LORD God of Israel liveth, before whom I stand"* (1 Kings 17:1).
- He knew that standing before God in stillness empowered him to stand before men with authority.
- The presence of God entered his soul, filling him with strength.
- That's why Elijah outran Ahab's chariot (1 Kings 18:46) he operated from spiritual energy, not human strength.

6. Ezekiel's Vision

- Ezekiel experienced the Spirit overtaking his body: *"The Spirit entered into me and set me upon my feet"* (Ezekiel 2:2).
- This shows that spiritual energy flows effortlessly when the spirit is dominant.
- They operated from a **still spirit**.
- *"He that is slow to anger is better than the mighty; and he that ruleth his spirit than he that taketh a city"* (Proverbs 16:32).

7. Recognizing You've Entered Stillness

- Signs of true stillness:
 - You feel a **drop within you**, like sinking deeper.
 - Awareness moves inward you become attuned to the spirit.
 - Thoughts fade into the background.
 - A sense of **softness and peace** arises (not emotion, but divine calm).
 - The presence of God becomes visible and tangible.

- Revelation sparks effortlessly pictures, impressions, knowing.
- The Spirit nudges you, guiding perception.
- You begin to notice God's voice in situations, symbols, and acts.
- Interpretation flows naturally, and your perception changes.
- *"The peace of God, which passeth all understanding, shall keep your hearts and minds through Christ Jesus" (Philippians 4:7).*

Summary

- Stillness is the **power zone** where interference is removed, alignment happens, and the Spirit dominates.
- It is the condition of the soul that determines manifestation.
- In stillness, spiritual energy flows effortlessly, miracles happen, and prophetic clarity thickens.
- This is the secret of Jesus, Elijah, Ezekiel, and all who ruled their spirit before ruling in power.

The Senses of the Spirit in Stillness

1. Spiritual Senses Awaken

When the soul ceases resistance and the spirit takes the lead, the senses of the spirit awaken:

- **Seeing (Visions):**
 - Visions become clearer and effortless you don't force them.
 - *"Your young men shall see visions" (Acts 2:17).*
 - In stillness, the soul no longer fights, so the spirit perceives freely.
- **Hearing:**
 - Hearing is heightened; your heart begins to speak to you.
 - *"My sheep hear my voice, and I know them, and they follow me" (John 10:27).*
 - The Hebrew word שָׁמָע (**shama**) means *to hear with understanding and obedience*.
- **Discernment:**
 - Lies and truth become clear.

- *“But strong meat belongeth to them that are of full age, even those who by reason of use have their senses exercised to discern both good and evil”* (Hebrews 5:14).
- **Feeling (Sensing Movements):**
 - You perceive spiritual movements and the presence of spirits.
 - *“Beloved, believe not every spirit, but try the spirits whether they are of God”* (1 John 4:1).
- **Inspired Utterance:**
 - Prophetic words begin forming internally; declarations flow by the Spirit.
 - *“Holy men of God spake as they were moved by the Holy Ghost”* (2 Peter 1:21).
- **Power:**
 - Confidence rises you command things with authority.
 - Stillness sharpens every sense and fills you with glory that empowers spiritual gifts.
 - *“For the kingdom of God is not in word, but in power”* (1 Corinthians 4:20).

2. Freedom of the Heart

- Be free from accusations prophetic flow must come from love.
- Forgive and let your heart be free.
- *“Faith which worketh by love”* (Galatians 5:6).
- A free heart is fertile ground for revelation.

3. Grace and Impartation

- Grace can be transferred: *“Without all contradiction the less is blessed of the better”* (Hebrews 7:7).
- Paul said: *“I long to see you, that I may impart unto you some spiritual gift, to the end ye may be established”* (Romans 1:11).
- Impartation is a grace to operate in a certain dimension of the Spirit.
- Stewardship determines how you function in that grace it requires humility.
- *“God resisteth the proud, but giveth grace unto the humble”* (James 4:6).

4. How to Enter Stillness Quickly

- **Breath Awareness (Ruach):**
 - The Hebrew word רוח (**ruach**) means *breath, wind, spirit*.
 - Breath anchors your soul and centers you in God's presence.
- **Inner Gaze:**
 - Place your attention on your chest area the seat of the spirit.
 - *"The spirit of man is the candle of the LORD, searching all the inward parts of the belly"* (Proverbs 20:27).
- **Phrase of Surrender:**
 - Declare: *"I am here. God, I am still. My eyes are open."*
 - This posture of surrender opens the spirit to alignment.

5. Stillness is Not Optional

- Stillness is where **authority becomes clarity and power**.
- It is the **hall of the prophet** the training ground of God's messengers.
- *"The LORD is in his holy temple: let all the earth keep silence before him"* (Habakkuk 2:20).
- A still spirit carries weight when you speak, things happen.
- Stillness is the nature of your recreated spirit.
- *"He that ruleth his spirit is better than he that taketh a city"* (Proverbs 16:32).

Stillness as Habitation

1. Spirit as Guide

- The **spirit** is what guides you when the soul yields.
- *"For as many as are led by the Spirit of God, they are the sons of God"* (Romans 8:14).
- In Hebrew, רוח (**ruach**) means *breath, wind, spirit* the divine force that directs and sustains life.
- When the spirit leads, your steps align with heaven's rhythm.

2. Revelation Matures in Stillness

- Revelation does not mature in noise or striving it matures in stillness.
- *“The secret of the LORD is with them that fear him; and he will shew them his covenant”* (Psalm 25:14).
- Stillness is the environment where impressions of the Spirit become clear, visions sharpen, and understanding deepens.

3. God Speaks From Within

- God’s voice is not distant it flows from within.
- *“The kingdom of God is within you”* (Luke 17:21).
- *“The Spirit itself beareth witness with our spirit”* (Romans 8:16).
- In stillness, you recognize that His presence, power, and glory are already dwelling inside you.

4. Transformation Through Stillness

- Once you learn to operate from that place:
 - You walk differently with confidence and peace.
 - You no longer force power it flows naturally.
 - You pray differently spirit-led, not soul-driven.
 - You prophesy differently clear, precise, without interference.
- *“Not by might, nor by power, but by my Spirit, saith the LORD”* (Zechariah 4:6).

5. Stillness Becomes a Habitation

- Stillness is not a moment it becomes a **habitation**.
- It is the dwelling place where your spirit continually aligns with God.
- *“He that dwelleth in the secret place of the most High shall abide under the shadow of the Almighty”* (Psalm 91:1).
- In Hebrew, the word for “dwell” is **יָשָׁב (yashab)** meaning *to sit, remain, abide*.
- Stillness is the secret place where you abide, not visit.

